



Horizons Behaviour Consulting

Horizons LIFE Program

(formerly the AAADD program at Algonquin College)

What is the Horizons LIFE Program

The Horizons LIFE Program is a supportive, post-secondary-style program at Algonquin College that is designed to help adults with intellectual disabilities and autism develop skills that will help them become more independent at home and in the community, and to help them develop the skills needed to gain meaningful employment

Program Content

Each day is designed to balance learning, practice, socialization, and real-life experience. The program is designed to create structured pathways that foster greater independence and meaningful community engagement. The content includes:

Functional Mathematics

Social Skills

Independent Living Skills

Functional Literacy

Employment Skills

Health and Wellness



Living

Independence

Functional Skills

Employment Readiness

Get In Touch

For more information, please visit our website:

 <https://horizonsbehaviourconsulting.com/adult-life-program/>

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