

VIRTUAL LUNCH AND LEARN



A Story of Shared Living

Join DSO Housing Navigators over lunch to discuss housing topics. Sessions take place in a virtual format and are open to people with a developmental disability, their family members and/or support networks, as well as professionals in Ontario.



DATE

Thursday, April 23, 2026

TIME

12:00pm – 1:00pm EST



[REGISTER HERE](#)



QUESTIONS ABOUT THIS EVENT CAN BE SENT TO:

DSOhousing@dsoer.ca

Shared Housing

This virtual presentation features one family who invited another family's daughter to live alongside their own in a supported home. Learn how the arrangement was created, what supports were in place, and how shared living can foster independence and connection.

Topics covered will include:

- **How the Shared Living Arrangement Was Created**
From the initial idea to setting up supports, agreements, and routines—what it took to make the shared home work.
- **Benefits and Challenges of Shared Supported Living**
Honest reflections on what worked well, what was challenging, and how issues were addressed along the way.
- **Impact on Independence, Well-Being, and Family Stress**
How shared living supported greater independence for the daughters while reducing isolation and caregiver stress for families.

This lunch and learn will be facilitated by Karen Roberts and Olivia Thomas, DSO Eastern Region.



Developmental Services Ontario (DSO) helps adults with developmental disabilities find services and supports in their community.

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