

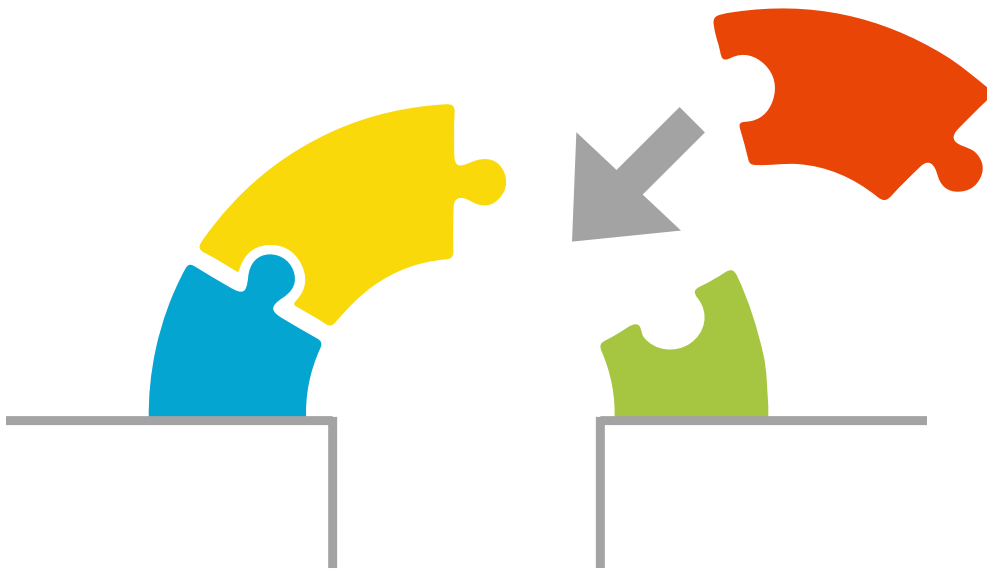
What is transition planning?

Service Coordination Support (SCS) wants to help you better prepare for life's transitions. A transition is when a person experiences or makes a change in their life, such as starting or leaving school, learning a new skill, getting a job or finding a place to live.

We recognize that everyone experiences transitions at different times in their lives. Change can be exciting and challenging for many people. Transition planning involves looking ahead and planning for the future of your choice.

Making a plan gives you a chance to tell people what's important to you, your strengths, abilities, your support needs and how you want to be supported. SCS can support you in planning for your life transitions, identify opportunities that are available to you in your community and help you reach your goals.

Read on for more information on each transition period, as well as tips and resources to help you plan **in preparation for them.**



My Search Tool

We have put together examples of resources in our tip sheets to help you plan for each transition period.

For more information, we invite you to visit My Search Tool, an online library of local resources and services for children and adults with developmental disabilities or autism. You can search by topic, location, age, or distance from your home.

You can access My Search Tool at search.sconline.ca.

Disclaimer

SCS assumes no liability or responsibility for any errors or omission in the content contained in this document.

Questions?

Please visit sconline.ca or contact us at 613-748-1788 for more information.

TRANSITION PERIOD: PRE-PLANNING FINAL ARRANGEMENTS

Talking about end of life planning is never easy, but being prepared can give you peace of mind and can provide some relief to your loved ones. You should have legal documents ready. If you are a caregiver, here are some steps to take when someone you care for passes away.

Tips

Preparing Your Will

A Will identifies who receives your possessions after you pass away. It is recommended to have a Will or Power of Attorney before you need them, as you must be capable of making such decisions when completing the process. Have you thought about preparing a Will or having someone you trust be identified as your Power of Attorney?

Did you know that a Power of Attorney allows another person to make decisions on your behalf while you are alive? There are two kinds of Power of Attorney that you can identify: Power of Attorney for your property and Power of Attorney of your personal care.

When a Loved One Passes Away

Losing a loved one is a difficult time. Below is some information that can help you:

- Did you know that a funeral director is able to guide you through all the necessary arrangements? The funeral director could help you with completing the death registration, burial permit or cremation process.

Suggested Resources

What to do when someone dies

<https://www.ontario.ca/page/what-do-when-someone-dies#section-2>

How Powers of Attorney work

<https://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/incapacity/poa.php>

Mental incapacity

<https://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/incapacity/index.php>

Wills, Estate & Trusts

https://www.attorneygeneral.jus.gov.on.ca/english/justice-ont/estate_planning.php

Capacity Assessments

<https://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/capacity.php>



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- Did you know that you can only obtain a death certificate once the individual's death has been registered? Two documents will be required for the death registration: the Medical Certificate of Death and the Statement of Death.
- Don't forget to notify any services, mail, groups, parking permits, driver's license, house insurance etc. that the individual has passed away.

**Scan QR code to access My Search Tool
and find more resources:**



Social Services | Basic Funerals

<https://basicfunerals.ca/social-services/>