

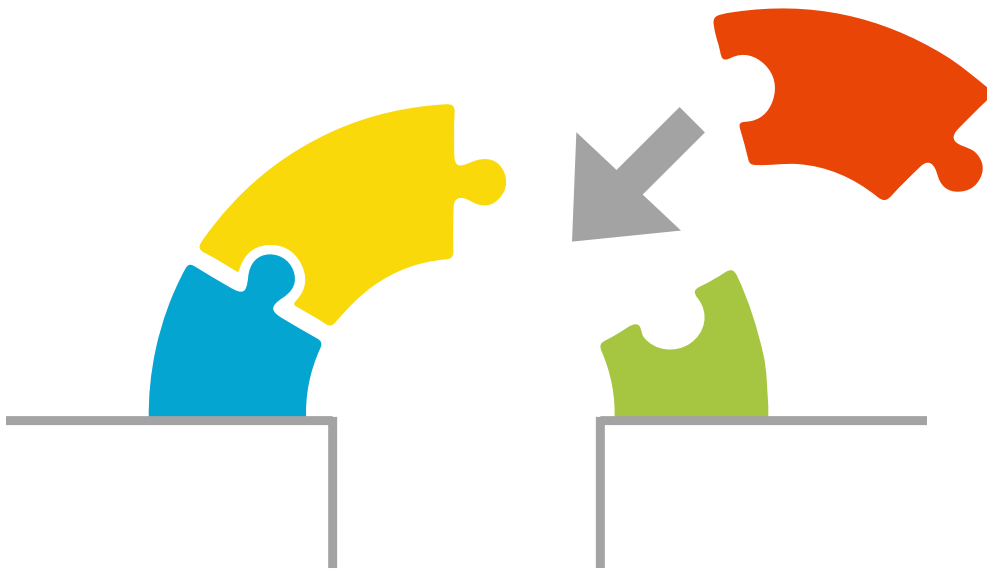
## What is transition planning?

Service Coordination Support (SCS) wants to help you better prepare for life's transitions. A transition is when a person experiences or makes a change in their life, such as starting or leaving school, learning a new skill, getting a job or finding a place to live.

We recognize that everyone experiences transitions at different times in their lives. Change can be exciting and challenging for many people. Transition planning involves looking ahead and planning for the future of your choice.

Making a plan gives you a chance to tell people what's important to you, your strengths, abilities, your support needs and how you want to be supported. SCS can support you in planning for your life transitions, identify opportunities that are available to you in your community and help you reach your goals.

Read on for more information on each transition period, as well as tips and resources to help you plan **in preparation for them.**



## My Search Tool

We have put together examples of resources in our tip sheets to help you plan for each transition period.

For more information, we invite you to visit My Search Tool, an online library of local resources and services for children and adults with developmental disabilities or autism. You can search by topic, location, age, or distance from your home.

You can access My Search Tool at [search.sconline.ca](https://search.sconline.ca).

## Disclaimer

SCS assumes no liability or responsibility for any errors or omission in the content contained in this document.

## Questions?

Please visit [sconline.ca](https://sconline.ca) or contact us at 613-748-1788 for more information.

Changing schools can be a difficult transition for a student. The idea of having new teachers, classes and friends can be a scary time for a child or youth. There are things you can do to help plan for a smooth transition to their new learning environment and a successful school year.

## Tips

### Identification and Placement of Exceptional Pupils (IPRC) and Integrated Educational Plan (IEP)

Did you know that every child identified with special needs should have an Identification and Placement of Exceptional Pupils (IPRC) and an Integrated Educational Plan (IEP) completed by the school? You can request an IEP when your child enters Elementary School. The school is responsible to schedule an IEP meeting. As a parent, you should receive an invitation to attend this IEP meeting.

Your child's individualized transition plan should be shared with you. Ensure that your child's IEP is shared with the new school so that they have the information they need to best support your child in their new class.

### Other

Have you thought about setting up times for you and your child to visit their new school, meet their teachers and see their class room? This can be helpful in making the student feel more comfortable on their first day of school.

Consider completing a One Page Profile (person-centred tool) with your child and giving a copy to their teacher. The One Page Profile can help the school to get to know your child and better understand how to support them. SCS can support you in developing your child's One Page Profile.

## Suggested Resources

### Andrew Fleck Children's Services

<https://www.afchildrensservices.ca>

### Our Schools - Ottawa-Carleton District School Board

<https://www.ocdsb.ca>

### School Locator Tool

<https://www.ocsb.ca>

### Conseil des écoles catholiques du Centre-Est (CECCE)

<https://www.ecolecatholique.ca>

### The Ottawa Catholic School Board (OCSB)

<https://www.ocsb.ca/>

### Conseil des écoles publiques de l'Est de l'Ontario (CEPEO)

<https://cepeo.on.ca/>

Did you know that once your child starts elementary school, Speech and Language therapy as well as Occupational Therapy may be offered at school? If you think your child would benefit from such therapies, talk to your school and request that they submit the referral for consideration.

**Scan QR code to access My Search Tool  
and find more resources:**



**The Identification, Placement, and Review Committee (gov.on.ca)**

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/identifi.html>

**The Individual Education Plan Process (gov.on.ca)**

<http://www.edu.gov.on.ca/eng/general/elemsec/speced/individu.html>