

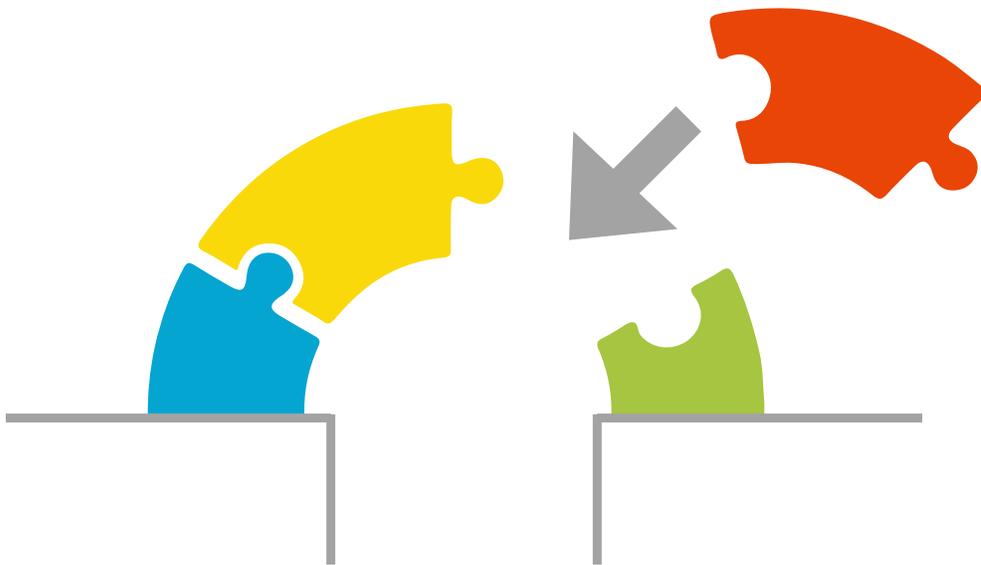
What is transition planning?

Service Coordination Support (SCS) wants to help you better prepare for life's transitions. A transition is when a person experiences or makes a change in their life, such as starting or leaving school, learning a new skill, getting a job or finding a place to live.

We recognize that everyone experiences transitions at different times in their lives. Change can be exciting and challenging for many people. Transition planning involves looking ahead and planning for the future of your choice.

Making a plan gives you a chance to tell people what's important to you, your strengths, abilities, your support needs and how you want to be supported. SCS can support you in planning for your life transitions, identify opportunities that are available to you in your community and help you reach your goals.

Read on for more information on each transition period, as well as tips and resources to help you plan **in preparation for them.**



My Search Tool

We have put together examples of resources in our tip sheets to help you plan for each transition period.

For more information, we invite you to visit My Search Tool, an online library of local resources and services for children and adults with developmental disabilities or autism. You can search by topic, location, age, or distance from your home.

You can access My Search Tool at search.sconline.ca.

Disclaimer

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Questions?

Please visit sconline.ca or contact us at 613-748-1788 for more information.

TRANSITION PERIOD: PRE-DIAGNOSIS TO POST-DIAGNOSIS

Tips for
Caregivers

Pre-diagnosis to post-diagnosis is the period of time before, during and after a child undergoes a diagnostic assessment. A diagnostic assessment is a specialized process where the goal is to learn more about a child's developmental profile. Through this process parents will learn more about their child's developmental strengths and needs in areas such as: speech and language, motor skills, play, social skills, behavior, and early learning. A diagnostic assessment may result in your child receiving a developmental diagnosis. This can be a stressful time for families, there are services available to help support you.

Tips

Financial Assistance

Did you know you could apply for the Child Disability Tax Credit (DTC)? A child is eligible for the DTC when a medical practitioner certifies that the child has a severe and prolonged impairment in physical or mental functions. There is a specific form that the doctor must complete and the Canada Revenue Agency (CRA) would need to approve the form. You can send the form to the CRA at any time during the year.

Have you applied for the Child Disability Benefit (CDB)? This financial benefit is income based and provides a monthly payment. To apply for this program, you must have a signed Disability Tax Credit Certificate as well as a completed Canada Child Tax Benefit application form (RC66).

The Trillium Drug Program offered by the Ministry of Health and Long-Term Care provides medication coverage for Ontario residents with a valid Ontario Health card. For more information, visit ontario.ca. In the quick search box, type "child Trillium Drug Program".

Suggested Resources

CHEO Diagnostic Assessment Services

<https://www.cheo.on.ca/en/clinics-services-programs/diagnostic-assessment-services.aspx>

Canada Child Disability Credit

<https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html>

Critical Illness Insurance

<https://on.bluecross.ca/health-insurance/other-insurance-options/critical-illness-insurance>

Critical Illness Insurance coverage for those with ASD

<https://www.cooperators.ca/en/insurance/life/critical-life.aspx>

Did you know that a Service Navigator from Autism Ontario could help you better understand the Ontario Autism Program (OAP) funding and service options?

They can help you explore available services that you can purchase with your OAP allocated funding.

Families who are caring for a child with a developmental and/or physical disability can apply to the Special Services at Home program to get funding for primary caregiver relief (respite), for activities of personal growth or development including camps and recreational activities, such as swimming and music classes. We invite you to visit our website to view our Special Services at Home (SSAH) instructional video if you need guidance with completing your SSAH funding application.

<https://scsonline.ca/instructional-videos/ssah-application/>

Your child may be eligible for the monthly Assistance for Children with Severe Disability Program (ACSD). This is a Ministry funded income based program. We invite you to visit our website to view our instructional video if you need guidance with completing your ACSD funding application.

<https://scsonline.ca/instructional-videos/assistance-for-children-with-severe-disabilities-acsd-application-form/>

If you need financial assistance to cover the cost of incontinence supplies, including diapers, consider applying for the Easter Seals Incontinence Grant Program for support.

Have you heard about the Assistive Devices Program (ADP)? The program's objective is to provide consumer-centred support and funding to eligible Ontario residents who have long-term physical disabilities and to provide access to personalized assistive devices.

Child Disability Benefit

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/child-disability-benefit.html>

CHEO Access Team

<https://www.cheo.on.ca/en/clinics-services-programs/access-team.aspx>

Ontario Autism Program

<https://www.ontario.ca/page/ontario-autism-program>

Ottawa Children Treatment Center

https://www.cheo.on.ca/en/clinics-services-programs/children_s-treatment-centre.aspx

Autism Ontario

<https://www.autismontario.com/>

Autism Ontario Ottawa Chapter

<https://www.autismontario.com/region/east>

Assistance for Children with Severe Disability Funding program (ACSD)

<http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx>

Do you know about the Autism Ontario One to One Summer Support Reimbursement fund? Parents with children diagnosed with autism are eligible to apply for this draw each year.

Financial Planning

There are resources that can help you plan for your child's future:

- Henson trust
- Registered Disability Savings Plan
- Registered Education Savings Plan
- Critical Illness Insurance

Are you interested in planning for your child's future? P4P Planning Network offers free resources and tools designed to empower people with disabilities and their caregivers to create meaningful lives.

<http://www.planningnetwork.ca/en.ca>

Building your Network

Have you thought of connecting with other parents? Parent and Sibling support groups are available in your community!

Do you have a family doctor who can follow your child's health care needs? If you are searching for a doctor, The Ottawa Public health can help you find one:

<https://www.ottawapublichealth.ca/en/public-health-services/finding-health-care.aspx>

Have you considered sharing your diagnostic information with your child's care provider or school? They may be better able to support your child if they better understand child's needs, strengths and interests.

Do you need help to understand your child's new diagnosis? CHEO Children's Treatment Center offers social work support for families who receive a new diagnosis. They also have an on call/drop in social work service available on Wednesdays.

SSAH

<http://www.children.gov.on.ca/htdocs/English/specialneeds/specialservices.aspx>

Trillium Drug Program

<https://www.ontario.ca>

Easter Seals Incontinence Grant

<https://services.easterseals.org/incontinence-supplies-grant/>

Children's Inclusion Support Services

<https://www.afchildrensservices.ca/support-and-services/childrens-inclusion-support-services/>

respiteservices.com

<https://scsonline.ca/services/respiteservices-com/>

SCS Resource List

<https://scsonline.ca/resources/>

Quickstart

<https://quickstartautism.ca/english/about/mission.html>

Canada's Online ASD Directory

<http://www.autismjunction.ca/>

Building Blocks

<http://www.ebbuildingblocks.com/>

Have you considered visiting your local community resource center to see what services are offered in your local community that can help your family? Visit this link to locate the nearest community resource center in your area:

<http://www.coalitionottawa.ca/en/find-your-chrc.aspx>

Did you know that Quick Start offers free short term Intensive Behavioural Intervention (IBI) for children under the ages of 24 months? They also offer a respite program and free workshops for families.

<https://quickstartautism.ca/english/about/mission.html>

Did you know that there is a directory of services that specialize in supporting children and adults with ASD?

http://www.childrenatrisk.ca/Documents/Directory_ASD_Services_March_2018.pdf

Did you know that the respiteservices.com Ottawa Program can help you find Direct Support Workers?

<https://scsonline.ca/services/respiteservices-com/>

Have you considered becoming a member of Children At Risk? Children At Risk provides services, camps and programs for families of children diagnosed with autism.

Autism Ontario Service Navigators are available to provide information about the Ontario Autism Program (OAP) and help connect families with service providers and resources available in their local communities.

TIPES

<https://tipes.ca/>

Portia Learning Center

<https://www.portialearning.com/>

P4P Planning Network

<http://www.planningnetwork.ca/>

Emerging Minds

<https://emergingminds.ca/>

ABA Connections

<https://www.abaconnections.ca/>

Children at Risk

<http://www.childrenatrisk.ca/>

Autism Ontario Service Navigator

<https://www.autismontario.com/chapters/ottawa>

Trillium Foundation program

<https://www.ontario.ca>

(in the quick search box, type "Trillium Drug Program")

SSAH instructional video:

<https://scsonline.ca/ssah-application/>

The Kaitlin Atkinson Family Resource Library at CHEO

Tel: 613-737-7600 ext. 3942

<https://ken.childrenshealthcarecanada.ca/xwiki/wiki/navigatorresources/view/Employment+and+Education/Kaitlin+Atkinson+Family+Resource+Library+at+CHEO+>

Planning for Childcare & School Registration

Are you looking for day care, before or after school care? Consider registering with the City of Ottawa Child Care Registry. Contact the program directly to see if you are eligible for a subsidized spot.

If your child is under 12 years of age and requires support in a registered childcare setting, you can connect with Children's Inclusion Support Services (CISS) for support.

Contact your local school in the spring to register your child for the next school year.

Other

The Kaitlin Atkinson Family Resource Library at CHEO is a specialized library that offer materials on children's health, illness and injury, and parenting. It is free and open to the public.

Scan QR code to access My Search Tool and find more resources:



The Andrew Fleck Family Resources Library

Tel: 613-737-3716

<http://afchildcare.on.ca/en>

The Assistive Devices Program (ADP)

<https://www.ontario.ca/page/assistive-devices-program>

Easter Seals Incontinence Grant

<https://services.easterseals.org/incontinence-supplies-grant/>

Children's Integration Support Services

<https://www.afchildrensservices.ca/support-and-services/childrens-inclusion-support-services/>