|  |  |
| --- | --- |
| Resource | Website |
| * City of Ottawa summer camps and programs for children and adults with disabilities
 | <https://ottawa.ca/en/recreation-and-parks/inclusive-recreation> |
| * Ability First: Summer Camp for people with disabilities ages 10-70 years of age
 | [https://abilityfirstottawa.org/our-programs/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fabilityfirstottawa.org%2Four-programs%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820916656%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=4YEkjusI8pSyw1V9bz8%2BM%2B0VFSuThvk6ftO1Pmwlr18%3D&reserved=0) |
| * Building Block summer camp: Summer camp for children 6 – 12 with Autism
 | [http://www.ebbuildingblocks.com/index.html](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.ebbuildingblocks.com%2Findex.html&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820956632%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=CVatUU5Uqr1h%2FcZL%2FWCGe8MbW26dvFR%2FCdzskCH12XM%3D&reserved=0) |
| * Camp Kaleidoscope: Summer camp for children with autism diagnosis
 | [http://www.childrenatrisk.ca/servicesCampKaleidoscope.php](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.childrenatrisk.ca%2FservicesCampKaleidoscope.php&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820916656%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cvkeSOKpFQFaQ54Q0IPIPA1OOO2Kdpb3%2FMY00GHd9fU%3D&reserved=0) |
| * Camp Kennebec: Summer Sleep away camp for kids and teens with special needs
* According to their website their camp will not be running this year due to Covid.
 | [https://campkennebec.com/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcampkennebec.com%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820906659%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=h1uwPozDEAyJCsEJeBbUhwpKmO1JEmMNDKRYIoX7868%3D&reserved=0) |
| * Camp Maple Leaf: Sleep away camp for children of military families and children living with unique challenges.
 | [https://www.campmapleleaf.net/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.campmapleleaf.net%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820906659%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=fWeZ4%2BJJ3lKIVUP7%2BDoiMBeL%2B87Ju14X07pQp3jSAt8%3D&reserved=0) |
| * Camp Misquah: Overnight camp for adults and children with special needs
 | [https://www.campmisquah.com/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.campmisquah.com%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820916656%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=FEIAEk%2FIG0tHrpn%2FJWtS0%2BP1%2FqxM3gBqm4oeOvq1tpY%3D&reserved=0) |
| Capital camps day camps and tennis academy for children * Integration children with special needs into mainstream camp setting
 | [https://www.capitalcamps.ca/why-capital-camps](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.capitalcamps.ca%2Fwhy-capital-camps&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820986613%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=gi4P5gFma%2Bc26lBWnDpghBbAtN5XW5cEBtda6YSu4PE%3D&reserved=0) |
| * Christian Horizons Family Camp: Family Camps for people with disabilities and their families
 | [https://christianhorizons.org/familycamps/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchristianhorizons.org%2Ffamilycamps%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820926649%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=AvkZVQ6v4Ly1gaH86dWEnT9%2BM5wpnU0RO2SztjG%2B67M%3D&reserved=0) |
| * Destiny’s Way: Day camps and overnight camps for children and adults with developmental disabilities
 | [https://destinysway.ca/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdestinysway.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820936647%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=EKlQ1qMeuePsxEEgwOGjKKdeN6dTP36DbXf3aFXhEEg%3D&reserved=0) |
| * Dovercourt Recreation Centre: Integrated camps for children and youth with disabilities
 | [https://www.dovercourt.org/camps/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dovercourt.org%2Fcamps%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820896667%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eu4DGqyQZCFYVoEsvqQGx0h0WwZuacgx5pkJzQe9BlM%3D&reserved=0) |
| * Easter Seals-Camp Merry wood: Sleepaway camp for children from 4- 18 with physical disabilities
 | [https://www.eastersealscamps.org/about/camp-merrywood](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eastersealscamps.org%2Fabout%2Fcamp-merrywood&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820926649%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=q1TMdEIwu%2F0yAsoX5xhu05%2F4aJbjXh%2BycIPfLAxIClM%3D&reserved=0) |
| * Family Harmonies Familiales
* Summer camps virtually and in person for all ages and abilities
 | [https://www.familyharmoniesfamiliales.ca/2020/06/summer-hybrid-program](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.familyharmoniesfamiliales.ca%2F2020%2F06%2Fsummer-hybrid-program&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821026591%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eZk4ZoYnRuVTAbVvUD3v7RmgHDpg9bI9rCnVDFRSEos%3D&reserved=0) |
| * Fostering Forever Friendships
* Summer Camp for adults with

 exceptionalities | [www.fosteringforeverfriendships.ca](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.fosteringforeverfriendships.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821006603%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Ck4qPctBpPsdChxy7MiOTUWC3OFwFN5%2Bu8rdcZxSjQs%3D&reserved=0) |
| * Hazelwood House –
* Summer camp for individuals 18+ with developmental disabilities
 | [https://hazelwoodhouse.ca/the-day-program/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fhazelwoodhouse.ca%2Fthe-day-program%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820966627%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=sfkO5%2BBuRgKp6iNc8LZITlxIzLftFjXEPgPqYs9JCOI%3D&reserved=0) |
| * Lotus centre for Special Music Education: Summer camp for children with special need aged 5-18
 | [https://www.lotuscentre.net/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.lotuscentre.net%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820946639%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=YMuTegQeF4PTCNfuetn%2FuqpPaYPOyqMFDjjKryc59cA%3D&reserved=0) |
| * Main Street Community Services –
* Summer camp for children, youth and adults with developmental disabilities
 | [https://www.mainstreetcommunityservices.com/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mainstreetcommunityservices.com%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820986613%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=HQTxvlC2xyRW4JPfAuI%2B89KI%2Be5RXbUOhUy1srP8DWY%3D&reserved=0) |
| * MIFO
* French Integrated camps for children with disabilities
 | [https://mifo.ca/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmifo.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821026591%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eLXi4ZJ9svirw1QUx%2ByUydSeESGIp0%2BilcZlayrR5Tg%3D&reserved=0) |
| * Ottawa Children’s Treatment Centre –
* summer camps for children
 | [https://www.cheo.on.ca/en/clinics-services-programs/children\_s-treatment-centre.aspx#Respite-services](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.cheo.on.ca%2Fen%2Fclinics-services-programs%2Fchildren_s-treatment-centre.aspx%23Respite-services&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820996609%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=mmp%2Bj7YmzTaJB1yWqLZkc6ndVQynvotv1BGXkXdtULc%3D&reserved=0) |
| * Ottawa GeeGees summer camp
* Integrating children with special needs into
* mainstream camp setting
 | [https://www.geegees.ca/en/rec/camps/useful-information](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.geegees.ca%2Fen%2Frec%2Fcamps%2Fuseful-information&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820976624%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=vnERggAs6GGKOuu2eIjmIyeOEAdNTaVxtDO86jhlefQ%3D&reserved=0) |
| * Paddle All Summer: Inclusive Camp options for Individuals with disabilities
 | [http://www.ottawarivercanoe.com/paddleall](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.ottawarivercanoe.com%2Fpaddleall&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820896667%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2B%2FykQv%2BiLyxw03Dez4HuaCBL4czYa17vag5xeEcfHE4%3D&reserved=0) |
| * Partners in Parenting – 7 week summer camp for adults with disabilities
 | [http://www.partnersinparenting.ca/day-services/life-program/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.partnersinparenting.ca%2Fday-services%2Flife-program%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820946639%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=lAN1DmMTXy6wHhdjXeSCuxUywk92jILGsHxEps5K4lM%3D&reserved=0) |
| * Spectrum insights
* Summer camp for 12 to 30 with Autism
 | [http://www.spectruminsights.ca/summer-program.html](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.spectruminsights.ca%2Fsummer-program.html&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821006603%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=NiDJgWFLviq8qDdafjuRxrMKRjsrJ46O5jlABpvY5Ro%3D&reserved=0) |
| * Spring Action trampoline park-
* Offers integrated summer camps
 | [http://www.springaction.ca/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.springaction.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820996609%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=gkVIpJLvJA1%2BQxDRmdkRVpkPMzyaxJKk2rQCeaNWSmY%3D&reserved=0) |
| * Social Skills Summer Camp: Summer Camp for children with Dyslexia, Asperger's, High Functioning Autism and NLD
 | [https://www.veryspecialcamps.com/summer-camps/social-skills-summer-camp-2311.html](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.veryspecialcamps.com%2Fsummer-camps%2Fsocial-skills-summer-camp-2311.html&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820956632%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=zm88glYzxrelGFVVs6mX0od1tK4ehNO4qKdeLGGvVtc%3D&reserved=0) |
| * Societe franco-ontariene de l'autisme
* French day camp for children with Autism
 | [https://sfoautisme.org/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsfoautisme.org%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821036588%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=bXK%2BxklxpKlG2B5C5cL6zAbIQ67Vg7V2dqktIYNT%2BlM%3D&reserved=0) |
| * Sonshine Families – Summer Camp Overnight camp for adults with disabilities
 | [http://sonshinefamilies.ca/services/sonshine-cove-camp/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fsonshinefamilies.ca%2Fservices%2Fsonshine-cove-camp%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820936647%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=e9J75no%2F8V5LLBE%2BmFHMGGqjJJgm65veVInE20D8hXA%3D&reserved=0) |
| * Sunshine Day Camp- Learning Disability Association of Ottawa-Carleton
* Day camp for children ages 7-12 years old with learning disabilities and ADHD
 | [https://www.ldaottawa.com/day-camp/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ldaottawa.com%2Fday-camp%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821036588%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=OYi3uggfm3OVFYLnylgz2whI2dueAXhbxinA8D7HGVY%3D&reserved=0) |
| * Tumblers Gymnastic Centre –
* Integrated summer camps for children
 | [https://tumblers.ca/camps/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftumblers.ca%2Fcamps%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821016598%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=rjOd%2BENfDzDi9%2FJpGhM4TcQyvuXTuLMnqTOw4Xq2OFU%3D&reserved=0) |
| * YMCA summer neighbourhood and outdoor camps
* Summer camps integrating children with special needs
 | [https://www.ymcaywca.ca/media/1993/en-2021-neighbourhood-day-camp-guide.pdf](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ymcaywca.ca%2Fmedia%2F1993%2Fen-2021-neighbourhood-day-camp-guide.pdf&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820966627%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=e7%2BoTozQeJzj6wGbI6lhRYeY7N0lE6iDzZBmv8A0yKs%3D&reserved=0)[https://www.ymcaywca.ca/camps-outdoor-education/day-camps/camp-otonabee/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ymcaywca.ca%2Fcamps-outdoor-education%2Fday-camps%2Fcamp-otonabee%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544820976624%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=tGX%2FXS3TixPwHz8XQzY%2Fad0z1eVgp2pBNZ5SEIKmEBQ%3D&reserved=0) |

Other resources for people with disabilities:

|  |  |
| --- | --- |
|  Resource | Website |
| * Ausome Ottawa
* virtual programming for children with autism
 | <https://ausomeottawa.com/programs/> |
| * Autism Speaks
* Resources for people with Autism
 | [https://www.autismspeaks.ca/science-services-resources/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.autismspeaks.ca%2Fscience-services-resources%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821116537%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=uw5rSbvJcYi5csEzK5Vd1UIqCIk1xCGq6%2F5ihd1PSZM%3D&reserved=0) |
| * Being
* Art studio for adults with developmental disabilities, 1 day per week
 | [https://beingstudio.ca/join](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fbeingstudio.ca%2Fjoin&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821106548%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=YbNxZ8ETwfX7dXaUhnDRE12REwuxyglhFUSkCuapgzs%3D&reserved=0) |
| * Beyond Limits
* Programs for adults with developmental disabilities
 | <https://beyondlimitsdayprogram.ca/> |
| * City of Ottawa Virtual Programs
* Online recreation programs for all
 | <https://documents.ottawa.ca/sites/documents/files/Spring_2021_virtual_eguide_en_0.pdf> |
| * Crossroads children services
* Mental health services for children 12 years of age and younger
 | [https://crossroadschildren.ca/services/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcrossroadschildren.ca%2Fservices%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821076564%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=DydTCe7f40Gg8XH0PGqIfN7nN9PScJx7lKiKwKJIjyc%3D&reserved=0) |
| * Dandelion Dance
* Dance program for girls with disabilities
 | [https://dandeliondance.ca/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdandeliondance.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821086555%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=uBFV%2B%2FKKYVOLx508Qlh6cpXfrrZ9D3ITcV%2FotRunnZQ%3D&reserved=0) |
| * Friends in Sportfishing
* An organization dedicated to providing free fishing experience for people with special needs in our community.
 | [http://www.friendsinfishing.net/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.friendsinfishing.net%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821126539%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=BhQ%2FVlJN7u%2FWs20SLMbH1FtLBQvum3rt%2FTrat6i4jZs%3D&reserved=0) |
| * Gloucester Association for children with special needs
* Social programs for youth with special needs
 | [https://gacsn.org/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgacsn.org%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821066568%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=zgP5fk1aJYMCNEGkaSTQEtSWVV2AR39PifzqN7IVV7Q%3D&reserved=0) |
| * Happy Trails Riding Stables
* Horseback riding for children and adults with physical,
* developmental and psychological disabilities
 | [http://www.happy-trails.ca/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.happy-trails.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821116537%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=jwE76YyOdDljr7%2BmLHwuoJN8WSgew5tFFxWimINfSIo%3D&reserved=0) |
| * Miracle League
* Recreational baseball for children and youth with disabilities
 | [http://www.miracleleagueofottawa.com/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.miracleleagueofottawa.com%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821096549%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=4oqDWtE22%2B3qOo%2B6WA9%2FU1VdBWUpKvSv4vanoTrVTlw%3D&reserved=0) |
| * National Capital Able Sail Association
* Adapted programs & accessible sailboats for able sailors
 | [http://www.ncasa.ca/community/sailing/](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.ncasa.ca%2Fcommunity%2Fsailing%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821126539%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7bh3ERKvR3GGNPg86v2dQd5TqU9RQRssGTNUMcaXGVo%3D&reserved=0) |
| * Propeller Dance
* Dance program for children, youth and adults with special needs.
 | [https://propellerdance.com/about/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpropellerdance.com%2Fabout%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821106548%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wuC%2FP1BIXqA04jAPjKVKe0vbuILVfGHXjZRQz8TUxuE%3D&reserved=0) |
| * Proset Inclusive Tennis
* Tennis lessons for people with disabilities
 | [https://www.specialneedssport.ca/about-us/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.specialneedssport.ca%2Fabout-us%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821096549%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=PTABNhMCf6AAfwTYWUyXdKBRrl65wwq%2Be84BfmyNn00%3D&reserved=0) |
| * Recreational Respite
* Virtual and in person programs for children, youth and adults with disabilities
 | <https://www.recrespite.com/respite-support/> |
| * Service Coordination
* Offers services and support in Ottawa for children, youth and adults with developmental disabilities as well as respite services
 | [https://scsonline.ca/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fscsonline.ca%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821076564%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=TqlPxrEpuH12Kyndq%2FL3QqJtOn9RDyuwC321Eg05PR4%3D&reserved=0) |
| * Special Olympics
* Offers sport programs for children, youth and adults with developmental disabilities
 | [http://ottawa.specialolympicsontario.ca/sports](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fottawa.specialolympicsontario.ca%2Fsports&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821066568%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=p3640IeEjlQO5ab9i74SZ%2BH5AqQtfDFGGehdXrh%2Bwjw%3D&reserved=0) |
| * Walking In my shoes
* Support meeting for parents of children with special needs to meet and exchange information
 | [https://emergingminds.ca/resources/walking-in-my-shoes-support-groups/](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Femergingminds.ca%2Fresources%2Fwalking-in-my-shoes-support-groups%2F&data=04%7C01%7CMelody.Johnson%40ottawa.ca%7Ce256270c235f472fa70b08d91936a96d%7Cdfcc033ddf874c6ea1b88eaa73f1b72e%7C0%7C0%7C637568544821056572%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=xm4GcefoohQFgxaMdIoYa3gaQzy%2FsZQEbM%2B328K7ops%3D&reserved=0) |