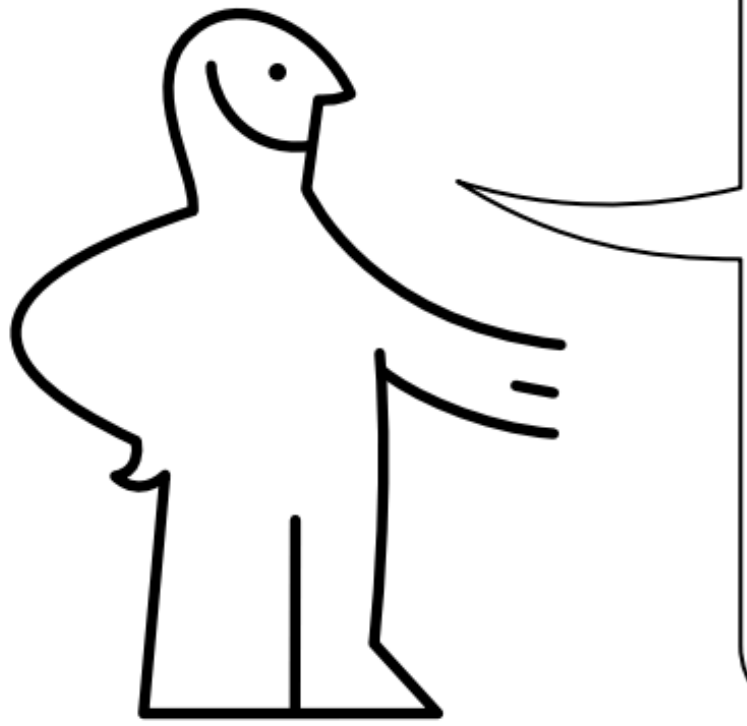
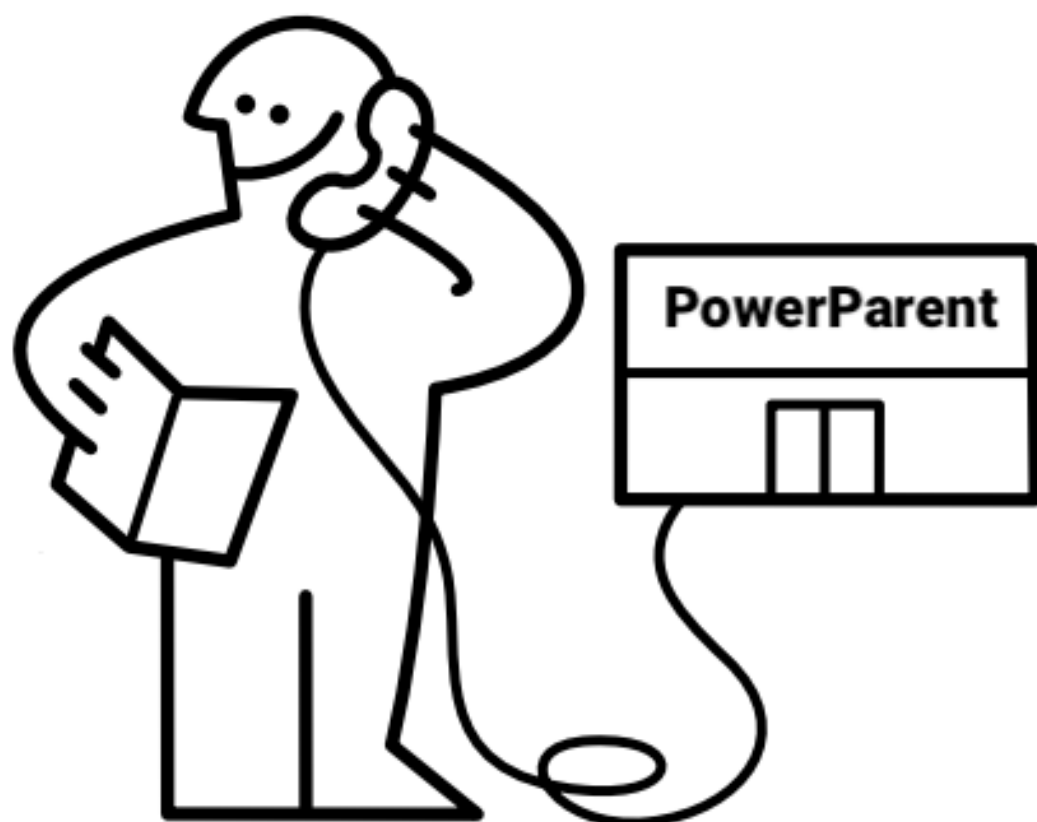
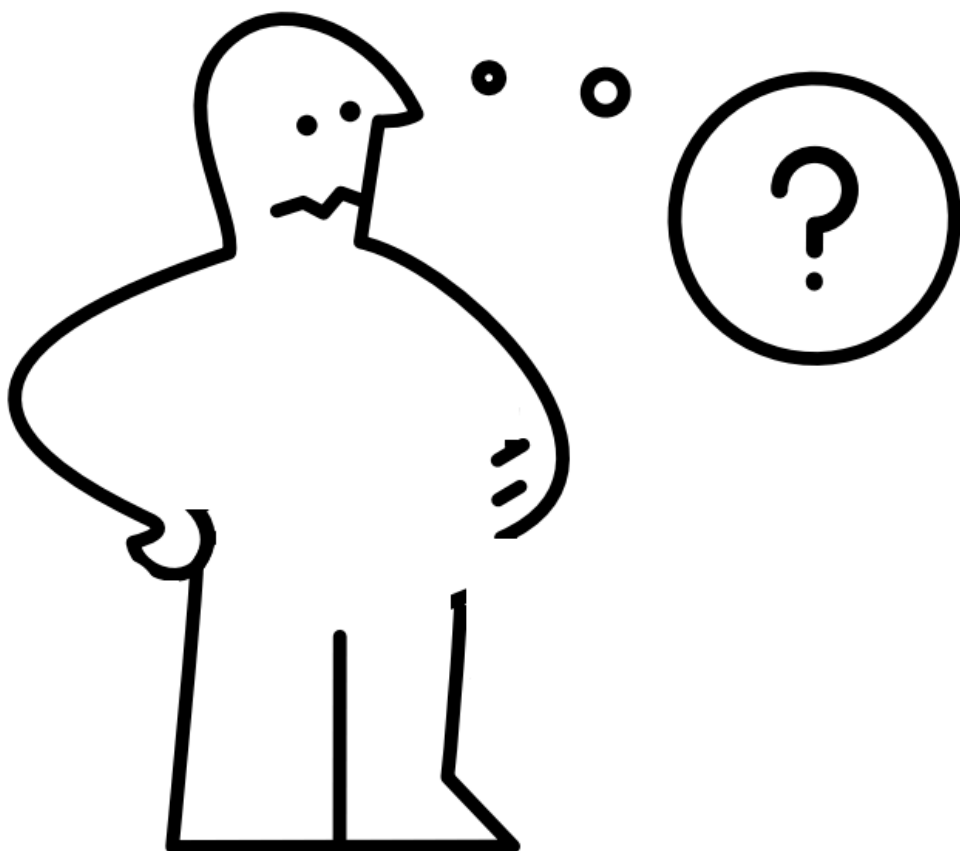


# Attend and Ignore

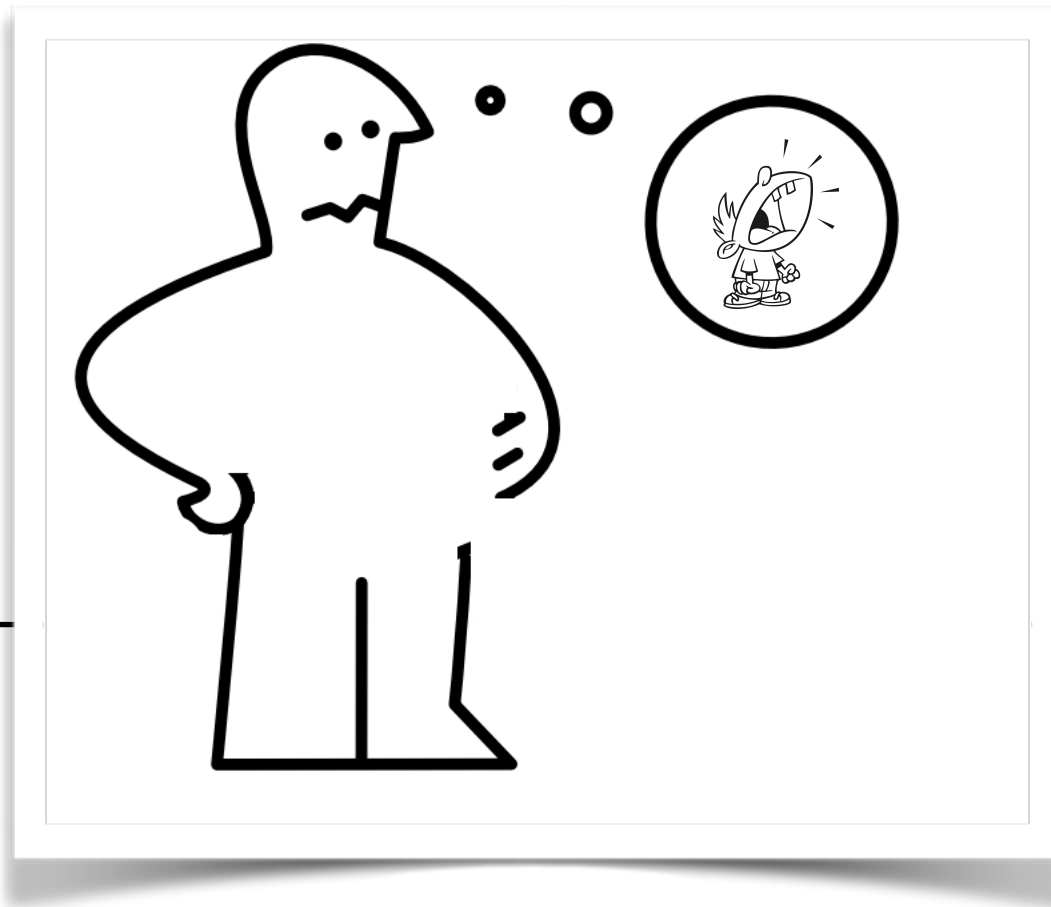




**There are times we ignore  
behavior we don't want, while  
attending to behavior we do  
want.**



# What You Need



**Choose the behavior you don't want.**

**Choose the behavior you do want.**

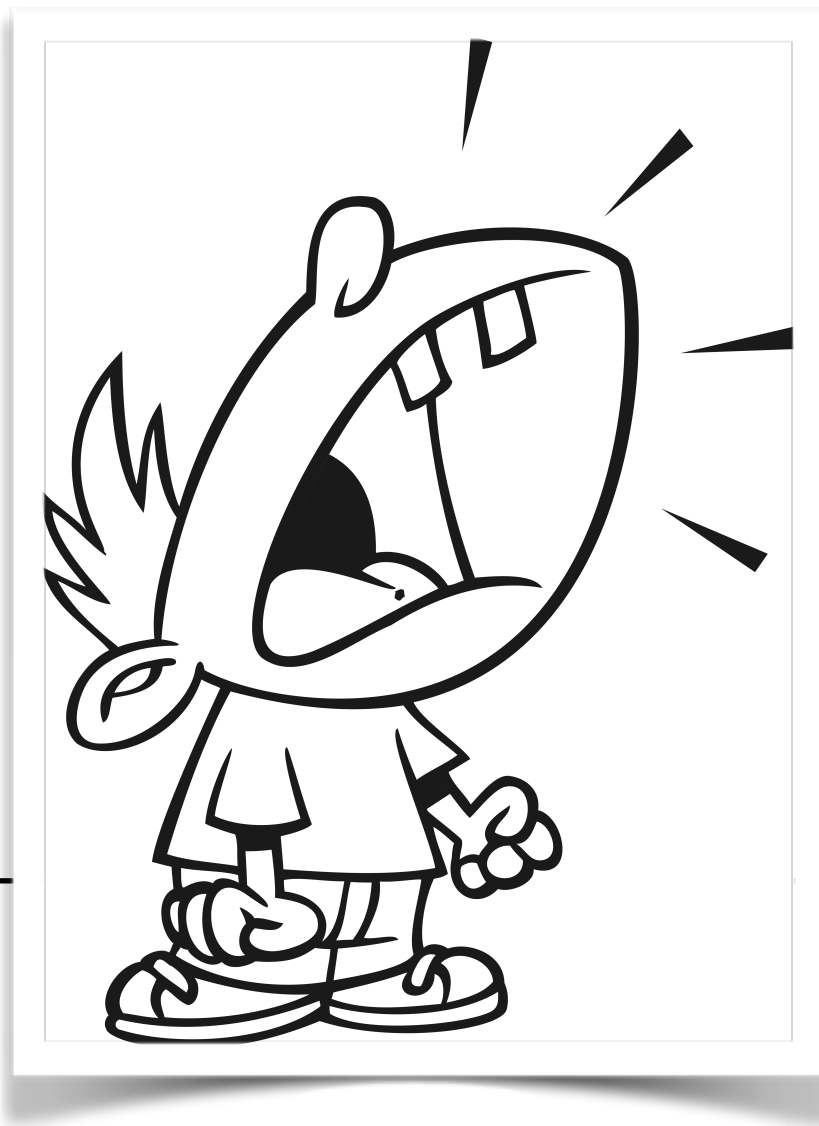
**Ensure the behavior you do want is:**

**(a) less effortful**

**(b) leads to same outcome**

# 1

**Choose the behavior you don't want**



**Tantrum**  
**Hitting**  
**Cursing**  
**Self-injury**  
**Nagging**  
**Property Destruction**  
**Spitting**

**Pinching**  
**Squeezing**  
**Kicking**  
**Scratching**

# 2

**Choose the behavior you do want**



**Asking for wants and needs**  
**Getting attention appropriately**  
**Using appropriate words**  
**Asking appropriately**

# 3

**Ignore the behavior you don't want**



**Do not provide eye contact**  
**Do not use your child's name**  
**Do not turn towards your child**

# 4

## Attend to the behavior you do want



**“I want iPad”**  
**“Mom” or “Dad”**  
**“I don’t like that”**

# 5

## Tip #1

## Don't Yell



**Be the change you want to see in your child.**



# 6

## **Tip #2      Don't Walk Away**



**Your child does need you and is trying to communicate with you.**

# 7

## Tip #3

## Distractions Work



**Sometimes you may be able to shift your child's attention to something positive.**

# 8

## **Tip #4      Change of Scene Works**

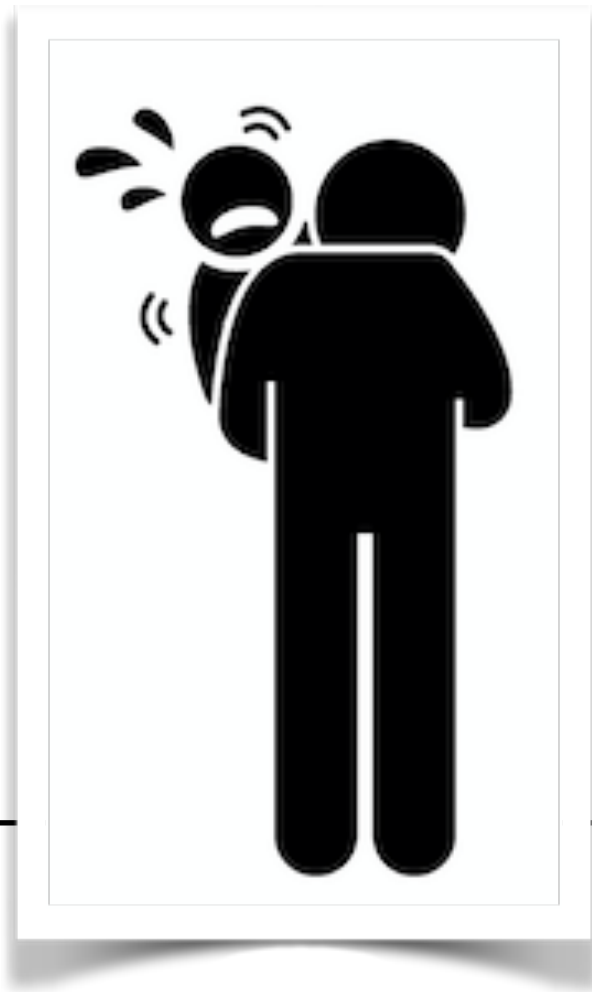


**Sometimes moving your child to  
another location will help.**

# 9

## Tip #5

## Hugs Can Help



**Sometimes your child just needs to be comforted.**