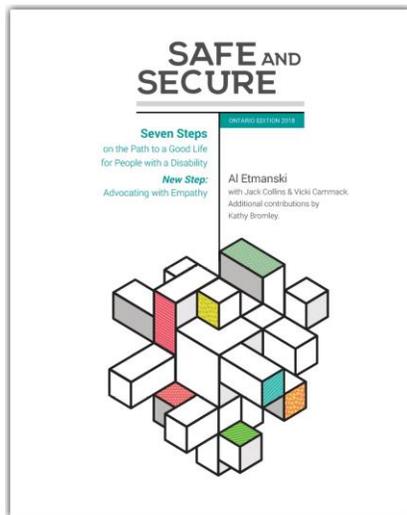


PLANNING FOR THE FUTURE

Join our Safe and Secure Book Club!



One evening per month: October 2019-May 2020
6:30pm – 8:30 pm

A time for parents and caregivers of a person with a disability to meet, review, discuss and learn together with the help of a knowledgeable facilitator.

The Safe and Secure book is packed with information and resources to help you ensure your hopes and plans are met for your son or daughter.

SPACE IS LIMITED – RESERVE YOUR SPOT

mli@citizenadvocacy.org

613-761-9522 ext. 233

COST: \$225 plus \$20 includes a copy of the new 2018 Safe and Secure book - Ontario edition

This is an allowable expense for Passport funding.

EVENINGS

October 29
Clarifying Your Vision

November 28
Nurturing Friendship

December 12
Creating a Home

February 3
Making Sound Decisions

March 2
Achieving Financial Security – Wills, Trusts and Estate Planning & RDSPs

April 8
Advocating with Empathy

May 20
Securing Your Plan

**312 Parkdale Ave.,
Ottawa, ON K1Y 4X5**

PLANNING FOR THE FUTURE

Safe and Secure Book Club

Chapter 1 - Clarifying Your Vision

Learn about creating a vision for the desired future for your relative with a disability. A clear vision that reflects your values, your traditions and your family history. We will look at addressing hopes and dreams, as well as fears and worries, to clarify and share your vision of a desired future.

Chapter 2 – Nurturing Friendship

The best way to ensure a safe and secure future for your family member with a disability is the number of caring and committed friends, family members, and supporters actively involved in their life. This chapter will focus on developing and sustaining these relationships to create a personal support network.

Chapter 3 – Creating a Home

Creating a home is about looking not only at the type of physical structure that best suits your family member but making sure that they have control over the environment where they live. Ensuring their home reflects their personality and their choices and is with people with whom they would like to live. This chapter will look at making a house a home.

Chapter 4 – Making Sound Decisions

In this step, you will look at the ways in which you and your family member can create your own balance between safety and choice. The concept of supported decision-making will be introduced and you will also learn about the types of powers of attorney available to you.

Chapter 5– Achieving Financial Security – Wills, Trusts and the RDSP

This chapter will provide you with an overview of how to plan for and protect the financial well-being of your family member with a disability both now and in the future. This chapter highlights the key tools at your disposal including will and estate planning, discretionary trusts (Henson Trusts) and the RDSP.

Chapter 6 – Advocating with Empathy

This step discusses ensuring that support services support rather than supplant a good life for persons with disabilities. We will also look at how to create an effective working partnership with social, health and education professionals, and three types of relationship-based advocacy.

Chapter 7 - Securing Your Plan

Achieving a good life and secure future for your relative requires careful attention to many key elements. This chapter will look at bringing together these details to create a vivid plan for the future. It will also discuss how to put this plan into action, including who will execute and monitor the plan when you are no longer around.

Reserve your spot - mli@citizenadvocacy.org or call: 613-761-9522 ext. 233

Location: 312 Parkdale Ave., Ottawa ON K1Y 4X5